

# How a Herd of Miniature Horses Provides Comfort and Healing

In the rolling hills of central Pennsylvania, there is a place where miniature horses offer comfort and healing to people of all ages and backgrounds. This place is called Whispering Willow Ranch, and it is home to a herd of over 50 miniature horses.

The ranch was founded in 2005 by Debbie Schaeffer, a former special education teacher who has always had a love for horses. Debbie started the ranch with just a few horses, but it quickly grew as she began to share the healing power of these amazing animals with others.

## Mini Horse, M file=eyJjdCI6

by Debbie Garcia-B

★★★★★<sup>5</sup>

Language

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Today, Whispering Willow Ranch offers a variety of programs and services, including:

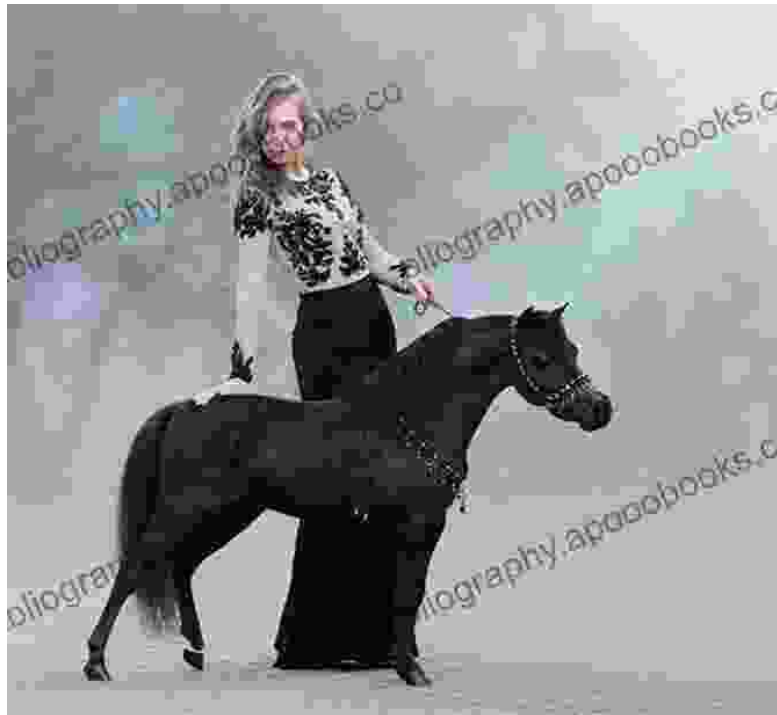
- **Equine-assisted therapy:** This therapy uses horses to help people with physical, cognitive, and emotional disabilities. Horses can help people improve their balance, coordination, and motor skills. They can also help people learn how to cope with stress, anxiety, and depression.
- **Horseback riding lessons:** These lessons are designed for people of all ages and abilities. Riding horses can help people improve their balance, coordination, and strength. It can also be a lot of fun!
- **Therapeutic riding:** This program is designed for people with disabilities who cannot ride horses independently. Therapeutic

riding can help people improve their physical, cognitive, and emotional health.

- **Farm tours:** These tours are a great way to learn about miniature horses and the ranch. Tours are available for individuals, families, and groups.

The miniature horses at Whispering Willow Ranch are gentle and friendly, and they love to interact with people. They are also very intuitive, and they can sense when someone is in need of comfort or healing.

If you are looking for a way to improve your physical, cognitive, or emotional health, Whispering Willow Ranch is a great place to start. The miniature horses here are sure to make you feel better, both inside and out.



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A woman and a miniature horse at Whispering Willow Ranch

To learn more about Whispering Willow Ranch, visit their website at [www.whisperingwillowranch.com](http://www.whisperingwillowranch.com). You can also follow them on Facebook at [www.facebook.com/WhisperingWillowRanch](http://www.facebook.com/WhisperingWillowRanch).

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